

PROGRAM & DESCRIPTION	MAJOR COMPONENTS	STUDIED POPULATIONS	OUTCOMES
<b>PROMISING</b>			
<p><b>Program:</b> <a href="#">Cooperative Learning</a>  <b>Contact:</b> Mark J. Van Ryzin, Ph.D.            Research Professor at University of Oregon  <a href="mailto:markv@uoregon.edu">markv@uoregon.edu</a>            Research Scientist at Oregon Research Institute  <a href="mailto:markv@ori.org">markv@ori.org</a>  <b>Description:</b> A school-based intervention designed to provide youth with positive peer relationships that can promote positive behaviors, prevent bullying and victimization, and reduce emotional (mental health) problems and risky behaviors such as alcohol use.  <b>Strategy Type:</b> School (Individual Strategies)  <b>Setting:</b> School  <b>Age:</b> Early Adolescence (12-14) – Middle School  <b>Length:</b> Ongoing</p>	<p>Cooperative learning approach (reciprocal teaching, peer tutoring, jigsaw, and other methods where peers work together to maximize one another’s learning)</p>	<p>48% female; 76% White; 14% Hispanic-Latino, 4% multiracial, 4% American Indian or Alaska Native</p>	<ul style="list-style-type: none"> <li>• Reduced rates of alcohol use (posttest)</li> <li>• Reduced rates of emotional problems, bullying (posttest)</li> <li>• Improved rates of relatedness (or close relationships with peers), prosocial behavior (posttest)</li> </ul>
<p><b>Program:</b> <a href="#">Familias Unidas</a>  <b>Website:</b> <a href="http://www.familias-unidas.info">www.familias-unidas.info</a>  <b>Description:</b> A multilevel family-based intervention to empower Hispanic immigrant parents to build a strong parent-support network and help their adolescent children respond effectively to the risks of substance use and unsafe sexual behavior.  <b>Strategy Type:</b> Family-based intervention  <b>Setting:</b> Community  <b>Age:</b> Early Adolescence (12-14) – Middle School; Late Adolescence (15-18) – High School  <b>Length:</b> 9 weekly 2-hour sessions; 4 to 10 1-hour family visits year and five sessions during the 6<sup>th</sup> grade year</p>	<p>Builds a strong parent-support network to increase knowledge of culturally relevant parenting, strengthen parenting skills, and applying skills in activities designed to help their adolescents respond effectively to the risks of substance use and unsafe sexual behaviors. Emphasis on the importance of cultural pride and identity for resilience and positive self-image to help mitigate the impact of discrimination</p>	<p>64% boys, 35% girls; 100% Latino or Hispanic; 56% of adolescents were born in the U.S, with immigrant adolescents born in Honduras (27%), Cuba (20%), and Nicaragua (16%)</p>	<ul style="list-style-type: none"> <li>• Reduced substance use at 30 months post baseline</li> <li>• Improved family functioning (e.g., parent-adolescent communication, positive parenting, and parental monitoring of peers)</li> </ul>
<p><b>Program:</b> <a href="#">Guiding Good Choices</a>  <b>Website:</b> <a href="http://communitiesthatcare.net/programs/ggc/">communitiesthatcare.net/programs/ggc/</a>  <b>Description:</b> A family training program that aims to enhance parenting behaviors and skills and effective child management behaviors and parent-child interactions and bonding, teach children skills to resist peer influence, &amp; reduce adolescent problem behavior.  <b>Strategy Type:</b> Family-based program  <b>Setting:</b> Schools, Community  <b>Age:</b> Early Adolescence (12-14) – Middle School  <b>Length:</b> 5 total sessions, 1 per week lasting 2 hours each</p>	<p>Peer resistance skills, identification of risk factors for adolescent substance abuse and a strategy to enhance protective family processes; development of effective parenting practices, particularly regarding substance use and family conflict management and use of family meetings as a vehicle for improving family management and positive child development</p>	<p>51% female, 48% male; 97% White</p>	<ul style="list-style-type: none"> <li>• Lower alcohol initiation and frequency of past month drinking (among users), reduced growth of alcohol use at the 3.5-year follow-up (ages 12-15 ½) &amp; tobacco use over time; reduced alcohol &amp; polysubstance use</li> <li>• Reduced general delinquency over time</li> <li>• Reduced depressions</li> </ul>

