

PROGRAM & DESCRIPTION	MAJOR COMPONENTS	STUDIED POPULATIONS	OUTCOMES
<b>PROMISING</b>			
<p><b>Program:</b> <a href="#">Strong African American Families – Teen (SAAF-T)</a>  <b>Website:</b> <a href="http://www.cfr.uga.edu">www.cfr.uga.edu</a>  <b>Description:</b> A group-based adaptation of the SAAF parenting program designed for families with you ages 14-16. SAAF-T aims to build on the strengths of African American families to prevention substance use and other risky youth behaviors.  <b>Strategy Type:</b> Family-based intervention  <b>Setting:</b> Community  <b>Age:</b> Late Adolescence (15-18) – High School  <b>Length:</b> 5 sessions lasting 2 hours each</p>	<p><b>Caregivers/Family:</b> Strengthening parental monitoring and involvement, communicating with youth about substance use, engaging in cooperative problem-solving, and developing resilience against negative experiences  <b>Youth:</b> Goal setting and attainment, resistance of involvement in risky behaviors, strategies for addressing experiences of racism and discrimination; acceptance of parental influences</p>	<p>56% female, 44% male; 100% Black</p>	<ul style="list-style-type: none"> <li>• Reduced substance use, alcohol use, and substance use problems (at posttest)</li> <li>• Reduced conduct problems (at posttest)</li> <li>• Reduced depression rates (at posttest)</li> <li>• Reduced frequency of unprotected sex (at posttest)</li> </ul>
<b>FRAMEWORKS</b>			
<p><b>Program:</b> <a href="#">PROSPER</a>  <b>Website:</b> <a href="http://www.prosper.ppsi.iastate.edu/">http://www.prosper.ppsi.iastate.edu/</a>  <b>Description:</b> A prevention delivery system that fosters implementation of evidence-based youth and family interventions through completion of ongoing needs assessments, monitoring of implementation quality and partnership functions, an evaluation of intervention outcomes.  <b>Strategy Type:</b> Prevention Framework  <b>Setting:</b> Schools, Community  <b>Age:</b> Early Adolescence (12-14) – Middle School  <b>Length:</b> Ongoing</p>	<p>School-community-university partnership that fosters implementation of evidence-based youth and family interventions, ongoing needs assessments, monitoring of implementation quality and partnership functions, and evaluation of intervention outcomes</p>	<p>51% female, 49% male; 85% White, 5% Hispanic, 3% Black</p>	<ul style="list-style-type: none"> <li>• Reduced rates of lifetime use of gateway drugs and illicit drugs</li> <li>• Reduced conduct problem behavior index (scale included items such as stealing, truancy, aggression) at posttest, 1-year, 2-year, 3-year, and 5-year follow-up</li> </ul>
<p><b>Program:</b> <a href="#">Communities That Care (CTC)</a>  <b>Website:</b> <a href="https://www.communitiesthatcare.net">https://www.communitiesthatcare.net</a>  <b>Description:</b> A system for reducing levels of delinquency and substance use through the selection and use of effective preventive interventions tailored to a community’s specific profile of risk and protection.  <b>Strategy Type:</b> Prevention Framework  <b>Setting:</b> Schools, Community  <b>Age:</b> Late Childhood (5-11) – K/Elementary; Early Adolescence (12-14) - Middle School; Late Adolescence (15-18) – High School  <b>Length:</b> Ongoing</p>	<p><b>Strategic Community Plan:</b> identification of youth risk factors, protective factors and problem behaviors  <b>Community Readiness Assessment:</b> community training, assessments of existing community resources  <b>Community Action Plan:</b> training and implementation of prevention interventions</p>	<p>70% White, 9% Native American, 4% Black, 20% Hispanic</p>	<ul style="list-style-type: none"> <li>• Reduced rates of delinquent behavior in grades 5-7</li> <li>• Reduced alcohol, cigarette and smokeless tobacco initiation in grades 5 to 8</li> <li>• Reduced tobacco use in past 30 days, binge drinking in past 2 weeks, &amp; delinquent behaviors in past year in grades 8 &amp; 10</li> </ul>

